

PRANA NAIL MAT

PURPLE YOGIS SDN BHD



Educating Heart, Mind & Body

The **Prana Nail Mat** has been designed based on the principles of traditional Chinese acupressure as well as on the basis of the ancient system of body care practiced by the Indian yoga masters. Its action consists of non-invasive acupressure which is used to heal the body and mind. Acupressure even induces the release of endorphins and oxytocin, the body's own pain-relieving and happiness hormones.

